

Roan Mountain 10K Run
Roan Mountain State Park, Roan Mountain, TN
10/22/2011
11am EST

Pre-registration: (ends 10/14/2011) \$19.00 (Long sleeve T-shirt) \$17.00 (SFTC member with shirt) \$6.00 (No shirt) \$4.00 (SFTC member no shirt) **Regular:** \$13.00 (No shirt) \$25.00 (With shirt available)
SFTC King & Queen race: SFTC members receive discount (No discount on race day registration)

On-line Registration link:

<http://www.active.com/10k-race/roan-mountain-tn/roan-mountain-10k-2011>

Make checks payable to: SFTC

Mail this form to: Roan Mountain 10K, c/o Rob Schoborg, 623 W. Maple Street, Johnson City, TN 37604

***ONLY PRE-REGISTERED RUNNERS ARE GUARANTEED A T-SHIRT ***

*** No Refunds *** Chili lunch after the race! ***

Headphones are NOT permitted on the course | Strollers are NOT permitted on the course

For more info contact Rob Schoborg (423) 439-6295 or (423) 926-1265 schoborg@etsu.edu

Male & Female Awards: Top Overall, Top Masters, Top GrandMasters, Top Sen.GrandMasters
Age Groups (top 3)...19, 20-29, 30-39, 40-49, 50-59, 60...

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LAST NAME _____ FIRST NAME _____ M.I. _____

SEX ____ DATE OF BIRTH ____/____/____ AGE ____ E-MAIL _____

ADDRESS _____

CITY _____ STATE _____ ZIP _____ PHONE (____) _____ - _____

EMERGENCY CONTACT (NAME PHONE) _____

*** CIRCLE SHIRT SIZE: SM, MD, LG, XL,

IN CONSIDERATION FOR ACCEPTING MY ENTRY IN THIS RACE, I FOR MYSELF, MY HEIRS, EXECUTORS AND ADMINISTRATORS, WAIVE AND RELEASE FOREVER ANY AND ALL RIGHTS AND CLAIMS FOR DAMAGES I MAY HAVE AGAINST THE ORGANIZERS AND SPONSORS OF THIS EVENT. I ALSO RELEASE THE ABOVE NAMED FOR ALL CLAIMS OF DAMAGE DEMANDS, AND ACTIONS IN ANY MANNER DUE TO ANY PERSONAL INJURIES, PROPERTY DAMAGE, OR DEATH SUSTAINED AS A RESULT OF MY TRAVELING TO AND FROM AND MY PARTICIPATION IN SAID RACE. I ATTEST AND VERIFY THAT I AM PHYSICALLY FIT AND HAVE SUFFICIENTLY TRAINED FOR THE COMPETITION OF THIS EVENT. IN FILLING OUT THIS FORM, I ACKNOWLEDGE I HAVE READ AND FULLY UNDERSTAND MY OWN LIABILITY AND ABILITY. STROLLERS ARE NOT ALLOWED ON THE RACE COURSE. PARTICIPANTS USING HEADPHONES ARE NOT ALLOWED ON THE RACE COURSE.

SIGNATURE _____ DATE ____/____/____

(Parent signature if under the age of 18)

[Link to Registration Forms](#)